



FREE Mental Health Service

For people with severe/
complex mental illness



your MENTAL HEALTH matters

WHAT ARE MENTAL HEALTH INTEGRATED COMPLEX CARE (MHICC) SERVICES?

Mental Health Integrated Complex Care (MHICC) services offer support for people with **severe mental illness and complex needs**.

This includes long-term assistance with your physical health care, managing your medication and support for you and your loved ones. MHICC services also help you access psychiatric and psychological support.

Once you have been offered a MHICC service, you will have the opportunity to access one or more of the following professionals: clinical psychologists, psychiatrists, mental health nurses, social workers and occupational therapists.

You can also be allocated a care coordinator who will assist you to manage your health needs.

MHICC services are part of the Mental Health Stepped Care model which means you can 'step down' into less intensive services, if your mental health needs change.



WHO ARE MHICC SERVICES FOR?

MHICC services are for people who:

- Live or work in South Eastern Melbourne or Mornington Peninsula
- Have a health care card or can't afford similar services
- Are not eligible for National Disability Insurance Scheme (NDIS)
- Have a mental illness and complex needs, that are affecting social, personal or work life
- Have a GP, psychiatrist or other health professional who is looking after your mental health care in the community

HOW DO I ACCESS MENTAL HEALTH INTEGRATED COMPLEX CARE (MHICC) SERVICES?

Referral to MHICC services can be made by anyone; including GPs and other health providers, schools, social services, other organisations, or you can refer yourself.

Call 1800 862 363 (business hours only).

If you are referred by a GP, your GP will need to download a referral form from www.semphn.org.au/mhintake and fax the completed form along with your GP Mental Health Treatment Plan to **9793 9052**. Call **1800 862 363** for priority assistance (business hours only).

MHICC is not a crisis response service and does not provide emergency mental health advice or support. In case of emergency, call 000.

WHERE CAN I RECEIVE MHICC SERVICES?

Mentis Assist provides MHICC services across South Eastern Melbourne and the Mornington Peninsula at the following locations

Mornington

23-25 Yuilles Road
Mornington

Frankston

443 Nepean Highway
Frankston

Rosebud

878 Pt. Nepean Road
Rosebud

Narre Warren

9/3 Webb Street
Narre Warren

**Intake/Referral enquires for
MHICC services**

Contact
SEMPHN Mental Health Intake
t 1800 862 363

23-25 Yuilles Road, Mornington 3931

t 1300 MENTIS (1300 636 847)
f 03 5970 5055

info@mentisassist.org.au
mentisassist.org.au



Mentis Assist acknowledges that we provide our services on the land of the Bunurong and Boon Wurrung people of the Kulin Nation.

The Bunurong and Boon Wurrung people are the traditional owners and caretakers of these lands and we pay our respects to them.