



Frankston Mornington Peninsula Partners In Recovery

Assistance to Access and
Coordinate services for
those with severe and
persistent Mental illness



HOW PARTNERS IN RECOVERY WORKS FOR YOU

Finding your way through the maze of mental health and other services can be confusing and overwhelming. There are so many agencies and programs offering different types of supports all varying in the work they do and eligibility criteria. Partners in Recovery does not seek to replicate existing services, instead our focus is on supporting the interaction and coordination of different services to ensure they work together effectively for you.

Our Support Facilitators can work with you to identify your strengths, challenges and personal goals and will assist you to develop your Action Plan. This guides the work we do together and identifies other supports to break down the barriers that have been preventing you living the life you want.

Partners In Recovery is a Federally funded initiative that is available to people living in the Frankston Mornington Peninsula areas who:

- Experience ongoing serious mental illness; and
- have complex needs that require services from multiple agencies; and
- Don't have existing coordination arrangements or require additional support to meet their needs; and
- Have indicated willingness to participate in PIR program

wellways



GETTING TO KNOW YOU

- Identifying what's important to you now and in the future.
- Making a plan with you to get you there and exploring who and what can assist you to achieve this.

CONNECTING THE DOTS

- Work along side you to support, guide and problem solve.
- Link you with services and other supports in the community.

KEEPING ON TRACK

- Reflecting on your progress.
- Checking in with your 'support team' (services, health providers and family/friends).

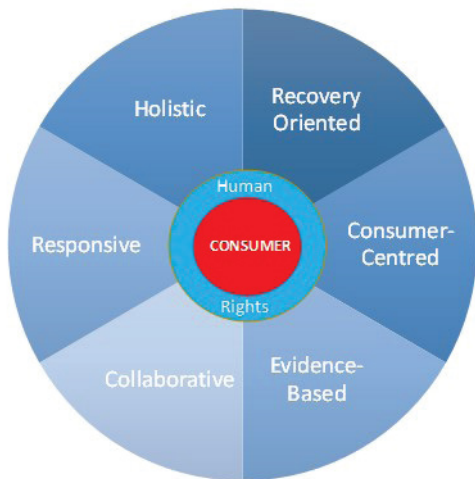
"I feel empowered to be able to focus on outcomes instead of problems, so therefore I feel better mentally. It's ok to focus on myself. Building self-esteem and realising that change within me is possible". Anonymous

PARTNERS IN RECOVERY

The Frankston-Mornington Peninsula Partners in Recovery (FMP PIR) initiative aims to improve system response to, and outcomes for, people with severe and persistent mental illness along with complex needs.

PIR Support Facilitators provide wrap around care that is individually tailored to the person's needs by coordinating formal/informal supports and services.

Through working in collaboration with other health and service providers, Frankston Mornington Peninsula Partners In Recovery teams aim to develop streamlined referral pathways that provide easier access for our mutual clients.



Frankston Mornington Peninsula Partners In Recovery

WHO DO I CALL?

To find out more about how
Partners In Recovery (PIR) can assist you
or someone you care about, please phone
any of the following numbers.

Monday to Friday 8.30-5.00 pm.

PIR Intake Service: 1300 642 774

Mentis Assist: 1300 636 847
www.mentisassist.org.au

Wellways: 03 9784 6800
www.wellways.org



Our Vision

Optimum personal recovery and wellbeing.

Our Purpose

To provide opportunity for people living with mental illness and/or complex needs to enjoy a meaningful life by strengthening self-identity, personal responsibility and hope

We Believe

Recovery-orientated practice is a partnership where the person with the lived experience is the expert in their recovery and our staff bring their understanding and expertise to support this journey

Our Guiding Principles

Respect and Dignity, Acceptance of Diversity, Reflective Practice, and Strengths' Based, Person-Centred, Flexibility and Innovation, Collaborative Partnerships, Community Connection and Participation