

Early Intervention Psychosocial Support Response Service

(Referral information for Service Providers)

A clinical & community partnership for psychosocial support services

About Mentis Assist

With over 30 years' experience, Mentis Assist provides specialised mental health support for people experiencing mental illness and their carers.

Our team of experienced mental health practitioners, psychologists, social workers and mental health nurses, work alongside a network of clinical services, general practitioners, psychiatrists, counsellors and clinical and community services.

We provide one to one and group support to assist in client directed recovery, we help people to identify their personal strengths, values and goals, while supporting and coaching them to achieve and develop these. We assist clients to connect with; family, carers, friends' and the wider community to develop a strong and understanding support network and sense of social connectedness.

Early Intervention Psychosocial Support Response Service

Who is eligible?

Clients may be referred to the *Early Intervention Psychosocial Support Response Service* **if they are receiving a service from Peninsula Health mental health services**, be aged 16-64 and have an emerging or established mental illness.

Eligibility criteria:

- Does not qualify for the NDIS due to age, having a permanent disability, or do not have Australian Citizenship
- Likely to be eligible for the NDIS, but needs support while their application is being processed
- They have a significant, permanent, or likely to be permanent impairment, as a result of mental illness
- Unable to access psychosocial supports due to significant mental health conditions
- Are homeless, or at risk of, homelessness
- At risk of deteriorating when discharged from a bed-based clinical mental health service
- Young people with severe mental illness

How do my clients access this service?

If your client is eligible to receive the *Early Intervention Psychosocial Support Response Service*, please call Mentis Assist on **1300 MENTIS (1300 636 847)** and ask for the **EIPSR intake worker**.



For better mental health

What support does Mentis Assist provide?

- Individual recovery oriented mental health support
- Group based mental health education
- Outreach support – support provided within the community or at home
- Direct referral for in-reach support – bed-based support in a clinical mental health service
- Care coordination
- Peer support
- Engagement with carers/family
- Support in understanding and accessing the NDIS
- Healthy lifestyle coaching
- Linking and connecting to other services
- Discharge planning support.