

Early Intervention Psychosocial Support Response Service

(Referral information for Service Providers)

A clinical & community partnership for psychosocial support services

About Mentis Assist

With over 30 years' experience, Mentis Assist provides specialised mental health support for people experiencing mental illness and their carers.

Our team of experienced mental health practitioners work alongside Peninsula Health Clinicians to deliver the service to eligible consumers.

Early Intervention Psychosocial Support Response Service (EIPSR)

What is EIPSR?

The *Early Intervention Psychological Support Response (EIPSR)* is a support model that has been developed as a means of supporting consumers of Adult Mental Health Services who do not qualify for the NDIS or have experienced a delay or difficulty in accessing the NDIS. The new initiative has the capacity to work with consumers over a short and medium term basis, with a focus on supporting client's capacity to improve their psychosocial functioning (e.g. developing connections with community, practical daily living skills, management of mental health and transitioning to the NDIS).

Peninsula Health will be working closely with Mentis Assist to oversee and deliver this program. The EIPSR initiative will provide a great opportunity to complement the work and interventions already being delivered by clinical teams.

Who is eligible?

- Must be receiving a service from Peninsula Health Mental Health Services, be aged **16-64** and living in the Peninsula Health catchment area.
- Do not qualify for the NDIS due to age, having a permanent disability, or do not have Australian Citizenship or are refusing to engage with the NDIS
- Likely to be eligible for the NDIS, but need support while their application is being processed or eligibility is being tested
- Not eligible for the NDIS
- Have a psychosocial disability or psychosocial support needs
- Unable to access psychosocial supports due mental health conditions
- Are homeless, or at risk of, homelessness
- At risk of deteriorating when discharged from a bed-based clinical mental health service or clinical case management

What support does Mentis Assist provide?

- Individual recovery oriented mental health support
- Group based mental health education
- Outreach support – support provided within the community or at home
- Direct referral for in-reach support – bed-based support in a clinical mental health service
- Care coordination
- Peer support
- Engagement with carers/family
- Support in understanding and accessing the NDIS
- Healthy lifestyle coaching
- Linking and connecting to other services
- Discharge planning support.

How do I refer my consumers to this service?

If your client is eligible to receive the *Early Intervention Psychosocial Support Response Service*, please call

Mentis Assist
EIPSR Intake Worker
Ph: 1300 MENTIS (1300 636 847)

Or

If you are unsure of your client's eligibility or suitability for the program, or if you have any questions, call

Rachel Anthony
Team Leader
Ph: 1300 636 847